

HOME HEALTH

Name _____ Telephone _____ Who is your recruiter? _____ Date _____

Instructions: This checklist is meant to serve as a general guideline for our client facilities as to the level of your skills within your nursing specialty. Please use the scale below to describe your experience/expertise in each area listed below.

GENERAL SKILLS

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Standard Precautions				
Isolation Precautions				
Pediatric Respiratory/Cardiac Arrest				
Adult Respiratory/Cardiac Arrest				
Defibrillators				
Care Planning & Discharge Planning				
Patient/Family Education				
Pain Management				
Electronic Documentation				
Patient Head to Toe Assessment				

CARDIOVASCULAR

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Angina				
Apical Pulse Rate/Rhythm				
Cardiac Auscultation (Rate, Rhythm)				
Clinical Identification of Arrhythmias				
Fluid Overload				
Peripheral Pulses/Circulation Checks				
Interpretation of Lab Results:				
PT/PTT/INR				
Serum Electrolytes				
Equipment & Procedures:				
Holter Monitor				
Pacemaker/AID				
Care of Patient With:				
CAD/Post Myocardial Infarction (MI)				
Congestive Heart Failure (CHF)				

Fluid Retention				
Hypertension				
Pre/Post Cardiac Surgery				
Pre/Post Vascular Surgery				
Medication Administration:				
ACE Inhibitors				
Anti-arrhythmic				
Antibiotics				
Anticoagulants				
Antihypertensives				
Antiplatelet Medications				
Beta Blockers				
Calcium Channel Blockers				
Diuretics				
Digoxin (Lanoxin)				
Oral and Topical Nitrates				
Narcotics				
Potassium Supplements				
Statin Medications				

PULMONARY

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Auscultation of Lung Sounds/Rate & Work of Breathing				
Pulse Oximetry				
ABGs				
Equipment & Procedures:				
Administration of O2 via Nasal Cannula				
Apnea Monitor				
Chest Percussion				
Establishing an Airway				
Incentive Spirometry				
Orotracheal and Nasotracheal Suctioning				
Sputum Specimen Collection				
Nebulizer				
CPAP				
BiPAP				
Ventilator Management				
Care of Patient With:				
Asthma				

Chronic Obstructive Pulmonary Disease (COPD)				
Lung Cancer				
Primary Pulmonary Hypertension				
Pulmonary Fibrosis				
Pulmonary Emboli				
Medication Administration:				
Bronchodilators				
Steroids				
Expectorants				
Inhalers				

NEUROLOGICAL

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Neurological Signs/Level of Consciousness (LOC)				
Neuro-Motor/Sensory Functions				
Equipment & Procedures:				
Seizure Precautions				
Traction				
Care of Patient With:				
Alzheimer's Disease				
Dementia				
Degenerative Neurological Disorders (ALS, MS, etc.)				
Cerebral Tumors				
Post-Cerebrovascular Accident				
Guillain-Barre Syndrome				
Hemiparesis				
Meningitis				
Parkinson's Disease				
Seizure Disorders				
Paraplegia/Quadriplegia				
Traumatic Brain Injury (TBI)				
Transient Ischemic Attacks (TIAs)				
Medication Administration:				
Alzheimer's Medications				
Anti-Parkinson's Medications				
Anti-Seizure Medications				
Corticosteroids				
Sedative/Hypnotics				

ORTHOPEDICS

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Circulation/Skin Checks				
Gait				
Range of Motion				
Equipment & Procedures:				
Range of Motion (Active & Passive)				
Cast/Brace				
Crutch/Walking				
Assistive Devices				
TENS Units				
Wheelchairs/Lift Equipment				
Total Hip/Knee/Joint Replacement				
Medication Administration:				
Enoxaparin (Lovenox)				

GASTROINTESTINAL

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Bowel Sounds				
Bowel Habits				
Fluid Balance				
Nutritional Status				
Equipment & Procedures:				
Colostomy/Ileostomy Care				
Long-Term Feeding Tube				
Nasogastric (NG) Tube				
PEG/Gastronomy Tube				
Drainage Devices/Tubes				
Tube Feeding				
Feeding Pumps				
Care of Patient With:				
Bowel Obstruction				
Fecal Incontinence				
Gastrointestinal Bleeding (G.I. Bleed)				
Post-Gastrointestinal Surgery				
Hepatitis				
Inflammatory Bowel Disease				
Liver Failure/Transplant				

RENAL/GENITOURINARY

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Arterio-Venous Fistula/Shunt				
Fluid Balance				
Interpretation of Lab Results:				
Blood Urea Nitrogen (BUN)				
Serum Creatinine				
Serum Electrolytes				
Equipment & Procedures:				
3-Way Bladder Catheter				
Foley Catheter Insertion/Maintenance				
Straight Catheterization				
Self-Catheterization				
Ileostomy				
Irrigations				
Nephrostomy Tube				
Suprapubic Catheter				
Care of Patient With:				
Hemodialysis (Receiving in an Out Pt. Clinic Setting)				
Home Hemodialysis				
Peritoneal Dialysis				
Post-Bladder Surgery				
Post-Prostate Surgery				
Shunts and Fistulas				
Urinary Incontinence				

9B8 C7 F-B9#A9H5 6 C@7

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Diabetic Skin Assessment				
Hyper- and Hypoglycemia				
Interpretation of Lab Results:				
Hemoglobin A1C				
Serum Glucose				
Equipment & Procedures:				
Glucometers				
Insulin Pumps				
Care of Patient With:				
Diabetes				
Post-Transplantation Surgery				

Medication Administration:				
Insulin				
Oral Hypoglycemics				

K CI B8 #G? -B'7 5 F9'A5B5; 9A9BH

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Wound Assessment Scale				
Skin Assessment				
Surgical Wound Healing				
Skin Grafts				
Equipment & Procedures:				
Burns				
Care of Pressure Ulcers				
Dry and Wet to Dry Dressing Changes				
Positioning of Patients				
Specialty Beds				
Special Mattresses and Positioning Devices				
Wound Care (Sterile)				
Wound Cultures				
Wound Irrigations				
Wound Vac				
Care of Patient With:				
Burns				
Pressure Ulcers				
Surgical Wounds				
Skin Grafts				

CB7 C @C; M

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Immune Status				
Symptoms Management				
Signs/Symptoms of Infection				
Interpretation of Lab Results:				
CBC with Differential				
CMP				
Equipment & Procedures:				
Reverse Isolation				
Care of Patient With:				

Radiation Therapy				
Leukemia/Lymphoma				
Post-Oncology Surgery				
Medication Administration:				
Oral Chemotherapy				
Intravenous Chemotherapy Administration				
Intravenous Chemotherapy Monitoring				
Bone Marrow Stimulating Agents				

INFECTIOUS DISEASE

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Signs/Symptoms of Infection				
Interpretation of Lab Results:				
Blood Counts				
Culture and Sensitivity				
Equipment & Procedures:				
Isolation Precautions				
Care of Patient With:				
HIV Infection				
Tuberculosis				
MRSA/VRE				
Medication Administration:				
Antibiotics				
Antivirals				
Anti-HIV				
Immunizations				

PSYCHIATRY

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Monitoring Symptoms				
Compliance with Medications				
Care of Patient With:				
Cognitive Disorders				
Schizophrenia/Psychotic Disorders				
Substance-Related Disorders				
Mood Disorders (Anxiety/Depression, etc)				

WOMEN'S HEALTH/MATERNAL-INFANT CARE

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Fetal Heart Tones				
Contractions				
Care of Patient With:				
Breast Feeding				
Pregnancy-Related Complications				
Post-Mastectomy				
Post-Partum Mother/Baby Visit				
Newborn Care				
Bulb Suctioning				
Cord and Circumcision Care				
Phototherapy				

PEDIATRICS

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Growth				
Development Stages				
Nutrition				
Family/Caregiver Interaction				
Equipment & Procedures:				
Calculations of Pediatric Dosages				
Croup Tent				
Ventilator				
Trach				
Pediatric Ambu				
Near Drowning				
Per- and Post-Cardiac Surgery				
Care of Patient With:				
Broncho Pulmonary Dysplasia				
Cystic Fibrosis				
Respiratory Distress Syndrome (RDS)				
Reye's Syndrome				
Pre- and Post-Spinal Surgery				
Sickle Cell Disease				
Spina Bifida				

PAIN MANAGEMENT

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assessment:				
Pain Scale				
Response to Pain Management Interventions				
Equipment & Procedures:				
Pharmacologic Pain Relief				
Non-pharmacologic Pain Relief Measures				
PCA Pump				
Care of Patient With:				
Epidural Catheter/Site Monitoring/Pump				
Patient Controlled Analgesia				

PALLIATIVE AND END-OF-LIFE CARE

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Family Support and Teaching				
Medication Protocols				
Symptom Management				
After Death Protocol and Management				

PATIENT AND FAMILY TEACHING

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Diabetic				
Pre- and Post-Procedure				
Post-partum/Infant Care				
Medications				
Monitoring				
Nutrition				
Safety				
Self-care				
Equipment				
Resources				

MISCELLANEOUS

	Never Performed	Limited Experience	Comfortable Performing	Proficient
National Patient Safety Goals				
Safety Assessment				
Recognizing Failure to Thrive Across the Lifespan				
Advanced Directives				
Wheelchairs/Lift Equipment				

CASE MANAGEMENT

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Experience as a Case Manager				
Case Load				
Supervision of Home Health Aides				

EXPERIENCE WITH

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Long-term/Short-term Disability				
Management of Complaints				
Medicare/Medicaid				
Pre-certifications				
Private Insurance				
Telephone Assessments				
Utilization Review				
Workman's Compensation				

DOCUMENTATION

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Diagnosis Coding (ICD Coding)				
Document Plan of Care (Form 485)				
OASIS Documentation				

Do you speak any languages other than English? Yes No If yes, which language(s)?

Age Specific Skills

Check the box under EACH age group that you have experience with and are comfortable with for each skill below.	Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
	Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
	Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)
Understands the different communication needs for the age group & changes communication methods and terminology accordingly	Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
	Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
	Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)
Understands the different medications, dosages and possible side effects for the age group and administers medications appropriately	Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
	Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
	Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)
Understands the different safety risks for the age group and alters the environment accordingly	Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
	Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
	Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)
Understands the normal growth and development for the age group and adapts care accordingly	Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
	Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
	Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)

I hereby certify that ALL information I have provided to Clover Health Services, on this skills checklist and all other documentation, is true and accurate. I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.