

Labor & Delivery / Postpartum / Newborn Nursery

Name _____ Telephone _____ Who is your recruiter? _____ Date _____

Instructions: This checklist is meant to serve as a general guideline for our client facilities as to the level of your skills within your nursing specialty. Please use the scale below to describe your experience/expertise in each area listed below.

CARE OF PATIENTS WITH

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Abruptio Placenta				
Asthma				
Beta Strep				
Breech				
Cardiac Disease				
Cesarean Section				
Chorioamnionitis				
Chronic Hypertension				
Collagen Vascular Disease				
Diabetes				
Eclampsia				
Episiotomy				
Fetal Demise				
Forceps Delivery				
HELLP Syndrome				
Hemolytic Anemia				
Hemorrhage				
Hepatitis B				
HIV Positive				
Hypertension				
Infants				
a. IDM Protocol				
b. AGA Protocol				
c. LGA Protocol				
d. SGA Protocol				
Malpresentations				
NSVD				
Placenta Previa				
Rh Disease/Incompatibilities				

CARE OF PATIENTS WITH

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Seizure				
Sickle Cell Disease				
Stillborn				
Substance Abuse				
Trauma				
Uterine Rupture				
Vacuum Extraction Delivery				
Vasa Previa				
VBAC				
Version				

ANTEPARTUM CARE / PROCEDURES

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Triage of Obstetrical Patients				
Non Stress Tests (NST)				
Oxytocin Challenge Tests (OCT)				
Assist with Ultrasound				
Assist with Amniocentesis				
Assist with Sterile Speculum Exam				
Reflex Checks/Edema Assessment				
Pelvimetry				

L&D CARE / PROCEDURES

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Vaginal Delivery Set Up				
Emergency Vaginal Delivery				
Sterile Vaginal Exams				
a. Effacement				
b. Dilatation				
c. Station				
d. Presentation				
Leopold's Maneuvers				
Breathing/Relaxation Techniques				
AROM - assist				
Premature Membrane Rupturing				
Ruptured Membrane Testing				
a. Fern test				
b. Nitrazine test				
Foley/Straight Catheter Insertion				
Assess/Document Labor Progression				
Assess/Document Maternal Status				
Bladder Assessment				
IUPC Placement/Calibration - assist				
Assess/Document Fetal Status				
Fetal Scalp Electrode Placement				
a. Assist with FSE				
b. Perform FSE				
FHR Pattern Recognition/Interventions				
Fetal Scalp Blood Sampling - assist				
Fetoscope/Doptone				
Forceps/Vacuum Extraction				
Shoulder Dystocia				
Amnioinfusion				

L&D CARE / PROCEDURES

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Oxygen Therapy				
a. Bag & Mask				
b. Face Mask				
c. Nasal Cannula				
Intravenous Therapy				
a. Blood/Blood Products Transfusion				
b. Central Line Maintenance				
c. Peripheral insertion/maintenance				
d. Saline/Heparin Lock				
Specimen Collection				
a. Vaginal Fluid				
b. Vaginal Swab				
c. Urine				
d. Venous Blood Draw				
Cesarean Section Set Up				
Emergency C-Section				
Scrub C-Section				
Circulate C-Section				
Recovery Room Care after C-Section				
Assist/Monitor Anesthesia Surveillance				
General Anesthesia				
Regional Anesthesia/Epidural/Spinal				
Postpartum Tubal Ligations				
Adult Resuscitation				

POSTPARTUM CARE / PROCEDURES

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Couplet Care				
Fundus Assessment				
Fundal Massage				
Lochia Assessment				
Perineum Care				
Foley Cath/Straight Cath				
Incisional Care				
Parent/Infant Bonding/Teaching				
Breast Feeding Education/Support				
Bereavement Support				
Post Anesthesia Recovery Care				
Emergency Interventions				
Hemorrhage				
Sterile Dressing Changes				
Surgical Wound Care				
Pain Management				
a. Patient controlled analgesia (PCA)				
b. Narcotic Agents				
c. Non-narcotic agents				
d. Non-pharmacological measures				

CARE OF NEWBORN

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Newborn Assessment/APGAR				
Gestational Age Assessment				
Suctioning				
Meconium				
ID/Security Banding				
Cord Care				
Circumcision				
a. Set-up				
b. Assist				
Infant Feedings				
a. Breastfeeding - assist				
i. latch-on				
ii. Positioning				
iii. pumping and storage				
b. Bottle				
Phototherapy Treatment				
Specimen Collection				
a. Heel Stick				
b. Percutaneous umbilical sampling				
c. Umbilical blood sampling				
Temperature				
a. Axillary				
b. Oral				
c. Tympanic				
d. Rectal				
Infant/Neonate Resuscitation				

MEDICATION ADMINISTRATION

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Antibiotics				
Antihypertensives				
Cervical Ripening Agents				
Epidural Anesthesia				
Heparin				
Indomethacin				
Incisional Care				
Infant Meds				
a. Aquamephyton				
b. Erythromycin ointment				
Insulin				
Magnesium Sulfate				
Narcotics				
Oxytocin				
Procardia				
Prostin Gel				
Prostin Suppositories				
Ritrodine				
Terbutaline				
Continuous IV Administration				
Eye Instillations				
IM Injections				
IV Push				
SQ Injections				
Z-Tract Injections				

EQUIPMENT

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Breast Pump				
a. Electric				
b. Manual				
Cardiac Monitor				
Glucometer				
Oxygen Flow Meter				
Pulse Oximeter				
Defibrillator				
Radiant Warmer				
PCA Pump				
Phototherapy Equipment				
a. Bili Lights				
b. Bili Meter				
Transport Incubator				
Computer Charting Systems				

Infusion Pumps (specific brands)

ASSESSMENT/OTHER

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Admission of patients to unit				
Assess Breath Sounds				
Assess Heart Sounds				
Cardiac Monitor				
Care Planning				
Charge Nurse responsibilities				
Circulation Checks				
Computerized Charting				
Fontanel Assessment				
Head circumference measurement				
Neurological Assessments				
Pain assessment using pain scales				
Patient Teaching				
Thermal Environment Maintenance				
Use of Restraints				
Vital Signs				

Do you speak any languages other than English? Yes No If yes, which language(s)?

Age Specific Skills

Check the box under EACH age group that you have experience with and are comfortable with for each skill below.

Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)

Understands the different communication needs for the age group & changes communication methods and terminology accordingly

Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)

Understands the different medications, dosages and possible side effects for the age group and administers medications appropriately

Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)

Understands the different safety risks for the age group and alters the environment accordingly

Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)

Understands the normal growth and development for the age group and adapts care accordingly

Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)

I hereby certify that ALL information I have provided to Clover Health Services, on this skills checklist and all other documentation, is true and accurate. I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.