

Psychiatric

Name _____ Telephone _____ Who is your recruiter? _____ Date _____

Instructions: This checklist is meant to serve as a general guideline for our client facilities as to the level of your skills within your nursing specialty. Please use the scale below to describe your experience/expertise in each area listed below.

CARE OF PATIENTS WITH

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Affective Disorders				
Alcohol Dependency				
Bipolar Disorder				
Delirium Tremens				
Detoxification				
Drug Dependency				
Dual Diagnosis				
Eating Disorders				
Electroconvulsive Therapy				
Hallucinations				
Medical-Psychiatric Disorder				
Necroleptic Malignant Syndrome				
Obsessive-Compulsive Disorder				
Organic Disorder				
Schizophrenia				
Seizure Disorder				
Suicidal Behavior				
Tardive Dyskinesia				
Violent/Assaultive Behavior				

MEDICATION ADMINISTRATION

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Antianxiety agents				
Antidepressants				
Antipsychotics				
CNS Stimulants				
Hypnotics				
Insulin				
Mood Stabilizers				

PROCEDURES / SKILLS

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assaultive Behavior Management				
Behavior Modification Techniques				
Contraband Search				
Diabetic Patient Care				
Electroconvulsive Therapy - assist				
Elopement Precautions				
Foley Catheter Insertion/Care				
a. Male				
b. Female				
Intravenous Therapy				
a. Angiocath insertion				
b. Butterfly insertion				
c. IV site maintenance				
d. Hyperalimentation infusion				
e. Saline/Heparin Lock				
f. Blood/Blood Product Infusions				
g. Venous Blood Draw				
Isolation Procedures				
Locked Unit Routine				
Lumbar Puncture - assist				

PROCEDURES / SKILLS

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Milieu Therapy				
NG Tube Insertion/Care				
Open Unit Routine				
Oxygen Therapy Administration				
a. Face mask				
b. Nasal Cannula				
c. Bag & Mask				
d. Portable O2 tank				
Patient Teaching (Group)				
a. Anger Management				
b. Cognitive Behavioral Therapy				
c. Depression Education				
d. Dialectical Behavioral Therapy				
e. Discharge Issues				
f. Family Education				
g. Medication Education				
h. Relapse Prevention				
i. Relaxation Techniques				
Psychotherapy				
a. Group				
b. Individual				
Rapid Tranquilization				
Restraints				
a. Wrist				
b. Full (4 point)				
c. Chemical				
d. Leather				
Seclusion Procedures				
Suctioning				
a. oropharyngeal				
b. nasopharyngeal				
Suicide Prevention				
Time-Out/Quiet Time Management				
Tube Feedings				

ASSESSMENT / OTHER

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Admission of patients to unit				
Care Planning				
Charge Nurse responsibilities				
Computerized Charting				
CPR				
Universal Precautions				
Vital Signs				
Pediatric Patients				
Adolescent Patients				
Adult Patients				
Geriatric Patients				

PAIN MANAGEMENT

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Pain assessment using pain scales				
Narcotic Agents				
Non-narcotic agents				
Non-pharmacological measures				

EQUIPMENT

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Automated Med. Dispensing Systems				
Automatic BP cuffs				
Glucometer/Accucheck				
Pulse Oximetry				
Computer Charting Systems				

Do you speak any languages other than English? Yes No If yes, which language(s)?

Age Specific Skills

Check the box under EACH age group that you have experience with and are comfortable with for each skill below.

Neonates(0-30 days)
 Preschool(4-6 yrs)
 Young Adult(19-39 yrs)

Infants(1 mo-1 yr)
 School Age(7-12 yrs)
 Middle Adults(40-64 yrs)

Toddlers(1-3 yrs)
 Adolescent(13-18 yrs)
 Older Adults(65+ yrs)

Understands the different communication needs for the age group & changes communication methods and terminology accordingly

Neonates(0-30 days)
 Preschool(4-6 yrs)
 Young Adult(19-39 yrs)

Infants(1 mo-1 yr)
 School Age(7-12 yrs)
 Middle Adults(40-64 yrs)

Toddlers(1-3 yrs)
 Adolescent(13-18 yrs)
 Older Adults(65+ yrs)

Understands the different medications, dosages and possible side effects for the age group and administers medications appropriately

Neonates(0-30 days)
 Preschool(4-6 yrs)
 Young Adult(19-39 yrs)

Infants(1 mo-1 yr)
 School Age(7-12 yrs)
 Middle Adults(40-64 yrs)

Toddlers(1-3 yrs)
 Adolescent(13-18 yrs)
 Older Adults(65+ yrs)

Understands the different safety risks for the age group and alters the environment accordingly

Neonates(0-30 days)
 Preschool(4-6 yrs)
 Young Adult(19-39 yrs)

Infants(1 mo-1 yr)
 School Age(7-12 yrs)
 Middle Adults(40-64 yrs)

Toddlers(1-3 yrs)
 Adolescent(13-18 yrs)
 Older Adults(65+ yrs)

Understands the normal growth and development for the age group and adapts care accordingly

Neonates(0-30 days)
 Preschool(4-6 yrs)
 Young Adult(19-39 yrs)

Infants(1 mo-1 yr)
 School Age(7-12 yrs)
 Middle Adults(40-64 yrs)

Toddlers(1-3 yrs)
 Adolescent(13-18 yrs)
 Older Adults(65+ yrs)

I hereby certify that ALL information I have provided to Clover Health Services, on this skills checklist and all other documentation, is true and accurate. I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.