

## Telemetry / Stepdown

Name \_\_\_\_\_ Telephone \_\_\_\_\_ Who is your recruiter? \_\_\_\_\_ Date \_\_\_\_\_

**Instructions:** This checklist is meant to serve as a general guideline for our client facilities as to the level of your skills within your nursing specialty. Please use the scale below to describe your experience/expertise in each area listed below.

### CARE OF PATIENTS WITH

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Abdominal Aortic Aneurysm				
Angina				
Cardiac Arrest				
Cardiac Catheterization				
Cardiogenic Shock				
Cardiomyopathy				
Carotid Endarterectomy				
Congestive Heart Failure				
Cardiac Stents				
Deep Vein Thrombosis				
Post Acute MI (>48 hrs)				
Post Angioplasty				
Asthma				
Bronchoscopy				
COPD				
Fresh Tracheostomy				
Pulmonary Edema				
Pneumonectomy				
Pneumonia				
Pneumothorax				
CVA/TIA				

**CARE OF PATIENTS WITH**

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Coma				
Encephalitis				
Head Injuries/Intracranial bleeds				
Meningitis				
Multiple Sclerosis				
Neuromuscular Disease				
Seizures				
Spinal Cord Injuries				
Renal Failure				
Renal Transplant				
Cirrhosis				
Hepatic Failure				
Hepatitis				
Cholecystitis				
Bowel Obstruction				
GI Bleed				
Inflammatory Bowel Disease				
Paralytic Ileus				
Peritonitis				
TURP/TURBP				
Urinary Tract Infection				
Arthroscopic Surgery				
Amputation				
Osteomyelitis				
Osteoporosis				
Pinned Fractures				
Other Fractures				
Rheumatic/Arthritic Disease				
Total Hip Replacement				
Total Knee Replacement				

**CARE OF PATIENTS WITH**

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Diabetes Insipidus				
Diabetes Mellitus				
Leukemia				
Malignant Tumors				
Anemia				
Sickle Cell Anemia				
Adrenal Disorders				
Hyperthyroidism				
Hypothyroidism				
Pituitary Disorders				
Burns				
Delirium Tremens				
HIV/AIDS				
Thrombophlebitis				
Post Hypophysectomy				
Post Thyroidectomy				
Post-op care after:				
a. GI Surgery				
b. Orthopedic Surgery				
c. Ostomy				
d. Vascular Surgery				
e. GYN Surgery				
Post Mastectomy				
Post Hysterectomy				
Transfusion Reaction				
MRSA				
VRE				

**MEDICATION ADMINISTRATION**

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Albuteral (Ventolin)				
Aminophylline				
Antibiotics				
Anticoagulants				
Anticonvulsants				
Antihypertensives				
Atropine				
Beta-Blockers				
Ca+ Channel Blockers				
Chemotherapeutic Agents				
Corticosteroids				
Digoxin				
Heparin				
Insulin				
Lasix				
Lidocaine				
Nitroglycerine				
Narcotics				
Oral Hypoglycemics				
Thyroid Replacement				
Starting IV's				

**MEDICATION ADMINISTRATION**

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Mixing IV's				
Regulating IV's				
Suppository				
Thrombolytics				
TPN Administration				
PPN Administration				
Patient Controlled Analgesia (PCA)				
Blood/Blood Product Administration				
Continuous IV Infusion				
CAD Pump				
Eye/ear instillations				
IM injections				
Insulin Pump				
IV Push				
Metered Dose Inhalers				
Nebulizer				
Piggyback infusions				
Rectal infusion				
Suppository				
SQ injections				
Z track injections				

**PROCEDURES / SKILLS**

	Never Performed	Limited Experience	Comfortable Performing	Proficient
A-V Fistula Care				
Brace/Splint Application				
<b>Foley/Straight Cath insertion &amp; care</b>				
a. Male				
b. Female				
Bladder Irrigation				
Bowel Prep/Cleaning				
Care of suprapubic catheter				
Cast care				
Cast application (assist with)				
<b>Central line care</b>				
a. Broviac				
b. Groshong				
c. Hickman				
d. PICC				
e. Portacath				
f. Quinton				
Chemotherapy				
Chest physiotherapy				
<b>Chest tube &amp; drainage system</b>				
a. Set up				
b. Assist with insertion				
c. Care & maintenance				
d. Troubleshooting				
e. Removal				

**PROCEDURES / SKILLS**

	Never Performed	Limited Experience	Comfortable Performing	Proficient
CPR				
CVP Measurement				
Cardioversion				
Defibrillation				
EKG - obtaining 12 lead				
EKG arrhythmia interpretation				
EKG - lead placement				
Femoral Sheaths-Mgmt/Discontinuing				
Continuous Tube Feeding				
Glasgow Coma Scale				
Gastric Lavage, Iced Saline				
Gavage, Intermittent Tube Feeding				
Gastric Suction				
a. Intermittent				
b. Continuous				
Halo Traction/Cervical Tongs				
Interpretation of Lab Results				
a. Blood gases				
b. Blood chemistry				
c. Cardiac enzymes/isoenzymes				
d. CBC				
e. Coagulation studies				
f. Cultures				
g. Electrolytes				
h. Urine dipstick				

**PROCEDURES / SKILLS**

	Never Performed	Limited Experience	Comfortable Performing	Proficient
<b>Intestinal Tract Tube Insertion/Care</b>				
a. Gastrostomy tubes				
b. Jejunostomy tubes				
c. Nasogastric tubes				
d. Orogastric tubes				
e. T-tubes (care only)				
<b>Isolation Procedures</b>				
Lumbar Puncture (assist with)				
<b>Nephrostomy Tube Care</b>				
Nerve Stimulators				
<b>Oral Airway Insertion</b>				
<b>Oxygen Therapy Administration</b>				
a. Ambu bag				
b. Bag & mask				
c. BiPAP				
d. Face mask				
e. Nasal cannula				
f. Trach Collar				
<b>Pacemaker</b>				
a. Permanent				
b. Temporary				
<b>Peritoneal Dialysis</b>				
a. Automatic cyclers				
b. Manual				
<b>Restraints</b>				
Saline/Heparin Lock				
<b>Specimen Collection</b>				
a. Blood				
i. central line				
ii. venous stick				
b. Cultures				
c. Sputum				
d. Urine				



**PROCEDURES / SKILLS**

	Never Performed	Limited Experience	Comfortable Performing	Proficient
<b>Suctioning</b>				
a. Oral/Yankauer				
b. Oral-pharyngeal				
c. Nasal-pharyngeal				
d. Tracheostomy				
<b>Temperature</b>				
a. Axillary				
b. Oral				
c. Tympanic				
<b>Thoracentesis - assist with</b>				
<b>Use of Doppler</b>				
<b>Wound/Ostomy Care</b>				
a. Colostomy care/bag chang				
b. Ileostomy care/bag change				
c. Irrigations				
d. Pressure Ulcers				
i. Staging				
ii. Care				
e. Stasis Ulcers				
f. Sterile Dressing Changes				
g. Steristrip Application				
h. Surgical Wounds w/ or w/o Drains				

**ASSESSMENT / OTHER**

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Assess Breath Sounds				
Assess Heart Sounds				
Admission of patients to unit				
Care Planning				
Charge Nurse responsibilities				
Circulation Checks				
Computerized Charting				
Patient Teaching				
Neurological Assessments				
Vital Signs				

**PAIN MANAGEMENT**

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Pain assessment using pain scales				
Epidural Analgesia				
IV Conscious Sedation				
Patient Controlled Analgesia (PCA)				
Narcotic Agents				
Non-narcotic agents				
Non-pharmacological measures				

**EQUIPMENT**

	Never Performed	Limited Experience	Comfortable Performing	Proficient
Automated Med. Dispensing Systems				
Automatic BP cuffs				
Cardiac/Tele Monitor				
Femoral Hemostasis Devices				
Glucometer				
Hypo/Hyperthermia Blanket				
Oxygen Flow meter				
Portable Cardiac Monitors/Defibrillators				
Pressure Relief Devices				
Pulse Oximetry				
Ventilator Management/Troubleshooting				
Computer Charting Systems				

Please specify any other Equipment below

Infusion Pumps (specific brands)

Do you speak any languages other than English?    Yes    No    **If yes, which language(s)?**

**Age Specific Skills**

Check the box under EACH age group that you have experience with and are comfortable with for each skill below.

Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)

Understands the different communication needs for the age group & changes communication methods and terminology accordingly

Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)

Understands the different medications, dosages and possible side effects for the age group and administers medications appropriately

Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)

Understands the different safety risks for the age group and alters the environment accordingly

Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)

Understands the normal growth and development for the age group and adapts care accordingly

Neonates(0-30 days)	Infants(1 mo-1 yr)	Toddlers(1-3 yrs)
Preschool(4-6 yrs)	School Age(7-12 yrs)	Adolescent(13-18 yrs)
Young Adult(19-39 yrs)	Middle Adults(40-64 yrs)	Older Adults(65+ yrs)

I hereby certify that ALL information I have provided to Clover Health Services, on this skills checklist and all other documentation, is true and accurate. I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.